1. INTRODUCTION
The Blessed Virgin Mary is the mother of the members of Christ because with charity she cooperated in the rebirth of the faithful into the Church. The birth of the Head is also the birth of the body. Thus, Mary is at once Mother of Christ, the Son of God, and mother of the members of His Mystical Body, which is the Church. Brothers and sisters, let us pray during this holy hour for the grace to grow in the Christian life, anchored to the Mystery of the Cross, to the oblation of Christ in the Eucharistic Banquet and to the Mother of the Redeemer and Mother of the Redeemed, the Virgin who makes her offering to God.

2. EXPOSITION (O salutaris Hostia)
O saving Victim, open wide the gate of heaven to us below. Our foes press on from every side; your aid supply, your strength bestow.
To your great name be endless praise, immortal Godhead,
One in Three; O grant us endless length of days
in our true native land to be. Amen.

3. ADORATION
V. O sacrament most holy, O sacrament divine,
R. All praise and all thanksgiving be every moment thine.
V. Lord Jesus, we come before you this day (night) to offer you our humble adoration. We know that you love us and you came to save us. We believe in your plan of salvation.
We want to open to your will and to give our lives to you.
R. We adore you, Lord Jesus Christ.
V. Lord Jesus, in your life you sought tirelessly the will of the Father. We encounter his will in our daily life.
We are here to give ourselves to the Father, too.
Give us your Holy Spirit so that our hearts may be transformed and be filled with the presence of your love.
R. We adore you, Lord Jesus Christ.
V. We abandon ourselves into your hands and we entrust our lives to your kingdom. We abandon our life in your presence.
Thank you for accepting and being with us.
We want to live for you.
We have come to adore you and be with you.
R. We adore you, Lord Jesus Christ.

4. SONG
An adoration song may be sung.

5. SCRIPTURE READING
Genesis 3:9-15.20  Mother of all the living
Luke 1:26-38   The annunciation of the birth of Jesus
John 19:25-27  Behold, your mother
Acts 1:13-14 The first community in Jerusalem
Galatians 4:1-7 God's free children in Christ

6. HOMILY/BRIEF EXHORTATION

7. SACRED SILENCE/SONG

8. HOLY ROSARY
Rosary Mysteries with vocation intentions are found at the end of this section.

9. PRAYER FOR VOCATIONS
G. Mary’s mission began in the Upper Room as she prayed with the Apostles in anticipation of the coming of the Holy Spirit, as her Son had promised. Through her intercession, let us pray with confidence to the Father, saying:
Look upon the Mother of your Son and hear our prayer.
G. Gather all people into your Church. Preserve Francis our Pope. Protect and bless N. our bishop. Give wisdom to those who make our laws. Guide priests with your hand. Strengthen those who are consecrated to a life of virginity. Further holiness among the laity. Help those who have gifts to use them in your service. Bring those who have died into your presence. Holy and loving God, we ask you to send more servants to your people. Choose from our parishes, from our homes, from our schools and colleges, an abundant harvest of apostles for your Kingdom: priests, sisters, brothers, deacons and lay ministers. We pray that those you call may never lose awareness of the dignity and need of their vocation. O Virgin Mary, Mother of the Church, teach all those whom the Lord calls to say a joyful “yes” as you did at the Annunciation.
All: Amen.

10. BENEDICTION (Tantum ergo)
Down in adoration falling, this great Sacrament we hail.
Over ancient forms of worship newer rites of grace prevail.
Faith will tell us Christ is present when our human senses fail.
To the everlasting Father and the Son who made us free,
And the Spirit, God proceeding from them each eternally,
Be salvation, honor, blessing, might and endless majesty. Amen.
V. You have given them bread from heaven,
R. Having all sweetness within it.
V. Let us pray. Lord our God, may we always give due honor to the sacramental presence of the Lamb who was slain for us. May our faith be rewarded by the vision of his glory, who lives and reigns for ever and ever. Amen.

11. REPOSITION
Blessed be God. Blessed be his Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be his most Sacred Heart.
Blessed be his most Precious Blood.
Blessed be Jesus in the most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, virgin and mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God in his Angels and in his Saints.
May the Heart of Jesus in the most blessed Sacrament be praised, adored and loved with grateful affection at every moment, in all the tabernacles of the world, even to the end of time. Amen.